# Anchored Hope

# **Donation List**

## Travel size hygiene products

- Deodorant
- Shampoo/Dry shampoo
- Conditioner
- Toothpaste
- Toothbrush
- Floss
- Lotion
- Kleenex
- Wipes
- Hand sanitizer
- Mouth Wash
- Body wash
- Bar soap
- Chapstick
- Q-tips
- Cotton balls/Cotton pads
- Washcloths
- Pads/Tampons

#### Food

(Food that would be packed in brown bag lunch)

- Snack size chips/goldfish/cheez-its/ pretzels, etc
- Cereal/granola bars
- Cheese/pb crackers
- Bottled water/juice pouches
- Snack pudding cups
- Applesauce/fruit cups or pouches
- Popcorn/chex mix individual packages
- Packaged cookies/brownies/sweet treats, etc
- Gum/mints

### **Other**

- Encouraging notes/verses to put in the bags
- Flip Flops/shoes, women's (Sizes: 5-11)
- Socks
- New or very gently used women's clothes or jackets/coats (Sizes: XS-L)
- Purses/backpacks/synch bags
- Hairbrush/combs
- Nail clippers/nail files
- Hair ties/headbands
- Small compact mirrors
- Little Caesar's/McDonalds \$5 gift cards
- Kroger/Meijer gift cards (gas cards)
- Small flashlights w/batteries
- Travel size first aid kit
- Sun glasses
- Small umbrellas
- Blankets
- NEW women's underwear
- Brown paper bags
- Gallon or quart sized Ziploc bags
- Hand/foot warmers (winter)
- Gloves/hats/scarves (winter)

\*We also offer FREE Human Trafficking 101 Awareness and Prevention seminars! If you are interested in hearing more or donating, please contact Kati Brush (586) 991-1389).